



Do you want to quit smoking?

Now you can get **FREE** help at work from experts to quit smoking

Everyone knows it's hard to quit smoking. Maybe you've tried, but nothing really worked. Or maybe you just weren't ready. No matter the reason, you probably know that quitting will make you feel healthier and save you money.

Well here's some good news: You can now get **FREE** help at work from experts to quit smoking.

Lots of fun. No pressure or judgement. No scary pictures.

- Highly qualified and experienced health professionals will show you proven ways to quit
- They'll work closely with you to plan and follow your own individual quit-smoking program
- No one will "tell you" what to do
- You make your own decisions
- You can leave the program at anytime
- You'll get loads of support from others
- You'll learn lots about smoking and quitting
- Even if you're not yet ready to quit, you're welcome to come along
- There's nothing to pay, nothing to lose - but lots to gain!

If you want to quit - or simply want to find out more - register today.

Contact details

Register online at gethealthyatwork.com.au

